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ISSUE 112

BEVERLEY

IT'S YOUR MAGAZINE

FREE



**ERT CELEBRATES THE 50TH ANNIVERSARY
OF CONFUSIONS**

BY ALAN AYCKBOURN

NEWS, WHAT'S ON, LIFESTYLE, FEATURES, PUZZLES, PHOTOS & MORE

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6/7 ERT CELEBRATES 50TH ANNIVERSARY OF CONFUSIONS



just BEVERLEY

MAY LETTER FROM THE EDITORS



Happy May everyone. Spring has sprung and Summer is on the way. May, the gateway to a lovely summer.

Have you been to ert yet? They are celebrating the 50th anniversary of Alan Ayckbourn's Confusions.

This month we can look forward to Beverley & East Riding Early Music Festival, or a day or two of fun at the races, Beverley Racecourse has lots going on this Spring and Summer.

With longer days to enjoy and a lovely Summer ahead to enjoy the great outdoors, it's time to get out and about and shake off the cobwebs. Remember every day is a day to see something new and learn a little.

Start the month off with a smile and send in your good news stories and pictures, we look forward to hearing from you.

Happy May.
Julian.



Happy May readers - what a month to look forward to as we move from Spring to Summer. The days are getting longer and warmer, making people happier.

For those of us who can't get enough sunshine, it's time to start planning a holiday in the UK or abroad and planning a long weekend away. What have you got planned?

Have a look at what's on and get out and about. I am sure Beverley will put that Summer smile on your face and a Spring in your step.

Stay safe, have a good time.
Olivia.

O2 'Community Publication Award' Shortlisted Nominee 2017 & 2018

REYTA Remarkable East Yorkshire Award Nominee 2016 'Best Newcomer'

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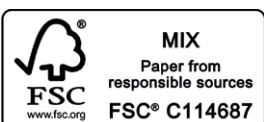


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REMEMBER! If you see examples of anti-social behaviour or other types of low-level crime, do report it to the appropriate authorities. **POLICE - Emergency 999, Non-urgent 101. ANTI-SOCIAL BEHAVIOUR (East Riding of Yorkshire Council) - 01482 393939.** The magazine is available from outlets in Beverley and surrounding areas.

Disclaimer - All the information provided was correct at the time of going to print.
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THE EXCITEMENT BUILDS FOR THE BEVERLEY 10KM

On Sunday 12th May, whether you will be watching or participating in the Beverley 10km run or fun run, the run offers a myriad of joys and benefits.

For spectators, there's the excitement of cheering on friends, family, and fellow runners as they tackle the challenge. The atmosphere is electric, filled with camaraderie and encouragement, as participants push themselves to achieve personal goals and milestones or to achieve getting over the line, all having their own reasons for getting involved.

Look out and give Julian a cheer as he runs to bring awareness to the Charity "Yes I Can" - managing the fear after cancer diagnosis.

Witnessing the determination and perseverance of runners as they conquer each kilometer is truly inspiring. It's a celebration of human resilience and the triumph of the human spirit over adversity.

For those taking part, the experience is equally rewarding. Running a 10km race provides a sense of accomplishment and pride, as well as an opportunity to test one's physical and mental limits. Crossing the finish line, whether it's a personal best or a first-time achievement, is a moment of pure joy and exhilaration.

The Beverley 10km event provides a sense of community and solidarity among runners, creating lasting memories and friendships along the way. Overall, whether watching or participating in the



run, it will leave you with a fulfilling and uplifting experience, a memory lasting for many years to come. Book the date and enjoy the experience. **The Beverley 10km - Sunday 12th May 2024.**

MAKING THE MOST OF SPRING

Spring brings with it a sense of renewal and rejuvenation, making it the perfect time to embrace outdoor activities and make the most of Bank Holidays.

With longer days and milder weather, there are countless opportunities to enjoy the beauty of nature and engage in leisure pursuits. One of the simplest yet most enjoyable ways to savour Springtime is by spending time outdoors. Whether it's a leisurely stroll in the park, a picnic in the countryside, or a hike along scenic trails, immersing oneself in nature can uplift the spirits and invigorate the mind.

Bank Holidays offer a chance to indulge in activities that may be put on hold during busy

working weeks. From gardening and outdoor sports to exploring local attractions and cultural events, there's something for everyone to enjoy. It's also an opportune time to embark on mini-adventures or day trips to nearby destinations, discovering hidden gems and creating lasting memories with loved ones.

Bank Holidays provide a valuable opportunity to rest, recharge, and connect with family and friends. Whether it's a relaxed barbecue in the backyard or a spontaneous road trip, these extended weekends offer precious moments to unwind and bond with those who matter most. By embracing the joys of spring and making the most of Bank Holidays, one can cultivate a sense of joy, fulfillment, and well-being.



OBE FOR FOUNDER OF BEVERLEY CHILDREN'S CHARITY

Beverley born Tim Morfin has been awarded an OBE in the King's Birthday Honours list for services to disadvantaged children and young people.

Tim set up the charity Transforming Lives for Good (TLG) 25 years ago, to provide trauma-informed support to children who are struggling with emotional wellbeing, food poverty and social isolation.

TLG now have over 200 centres across the UK, supported by local churches involved in social action for their communities, and helps over 5,000 children a year.

The TLG Early Intervention centre in Beverley has been supporting children at St Nicholas Primary School since 2016. When children have faced difficulty, trauma or emotional distress, TLG coaches will meet them in school, once a week for at least a year, supporting transformation in their lives, family and school community too.



Tim says "Our work has never been more relevant amid the mental health crisis and with cost-of-living pressures too. It's a real honour to have the quality and impact of our work recognised, but our focus is always on reaching the many more children who urgently need our support."

To support TLG Early Intervention - go to tlg.org.uk/donate or if you're a business, visit tlg.org.uk/corporate

GOLF LESSONS

Coaching programme for women
Thursdays 6:30 - 7:30 pm
£10 per session
To book phone 01482 868757
or email theo@beverley.golf

STARTS 9TH MAY

1889
BEVERLEY & EAST RIDING GOLF CLUB

THE NORTH BAR FLOODLIGHTS ARE ON ONCE AGAIN

North Bar floodlights are working once again having been out of action for a few years.



Funding from East Riding of Yorkshire Council has enabled the repairs to be carried out. Beverley Civic Society took on board the task to approach the ERYC to have the floodlights reinstated.

The project was funded by the council's Local Growth Initiatives Fund, a scheme designed to support high street projects in East Riding town centres ensured that the lights were restored.

The North Bar lights were the inspiration of John Bird, a former mayor of Beverley and who died in 2019 and the founder of the Beverley Festival of Christmas. Dick Lidwell, chairman of Beverley Civic Society, said: "The Beverley Civic Society is delighted to see the North Bar floodlights being brought back to life. Our unique medieval Bar stands tall along with our two great churches, and deserves to be celebrated in this way".

"John Bird was a highly active member of the Civic Society, he was instrumental in bringing the floodlighting to the North Bar. The Society, and the town, has missed the illumination since the lights failed and welcomes the work that the council has put into restoring them."

Councillor Barbara Jefferson, East Riding of Yorkshire Council's Cabinet member for Heritage and Coastal, added: "The restored lighting at North Bar marks a great entry to the beautiful town of Beverley, and I am absolutely delighted that we have been able to fund these repairs. The North Bar looks resplendent once again."

(l to r): Cllr. Denis Healy; Cllr Barbara Jefferson; Carol Bird (widow of John Bird); Cllr Linda Johnson; Dick Lidwell (Chair of Beverley Civic Society).

Picture Credit: ERYC.



BEVERLEY GRAND PRIX MAKES A RETURN IN 2024 : NEW DATE ANNOUNCED

East Riding of Yorkshire Council is delighted to announce that the Beverley Grand Prix will now be run on Friday 26th July, 2024 and will be the British Cycling National Circuit Series finale, bringing to a close a six week long nationwide series of events.

There will be everything to fight for as the series comes to Beverley with the best cyclists competing on the night, culminating in the award of series champion. Last run in 2017, the Beverley Grand Prix has in recent memory produced such winners as Brenton Jones, Chris Lawless, and three times Olympic gold medallist, Ed Clancy OBE.

In the weeks before the Paris Olympic Games, Beverley Grand Prix will proudly bring round six of the Open and Women's National Circuit Series for an evening of fast, thrilling cycle racing action.

This will start around 4pm with a community ride in memory of Ian Burnett, giving families a chance to experience a national level cycling event in the safety of closed roads around the town.

In advance of the competitive races, there will be a Community Ride, aimed at our younger riders, which will give the opportunity to ride 'traffic free' around the course with your friends and family - see the event website for details.

Multiple youth races and a support race will precede the two joint headline events as the evening draws to a close around 10pm.



Photo credit: Generation Pro Cycling Events Limited

BEVERLEY PHOTOGRAPHIC CLUB - MAY'S PROGRAM

Please note we are the Beverley Photography Club. Not the Beverley Photographic Society.

Tuesday 30th April - 7pm. Rose and Crown. Club night.

Thursday 9th May - 10am. Far Ings Nature reserve.

Tuesday 14th May - 1pm. Beverley Races.

Friday 24th May - 1.30pm. Howden photo walk.

Tuesday 28th May - 7pm. Rose and Crown. Club night.

Tuesday 4th June - 9.30am. Allerthorpe Common photo walk.

All are welcome. If you are interested in joining the club, please come along and meet the members. No commitments.

The aim of the club is to share knowledge and experience amongst all members in a friendly atmosphere.

We encourage our member's interests in all aspects of photography by means of various events and exhibitions.

We start our summer program in April with a program of visits, photo walks and an exhibition.

We are members of the Yorkshire Coastal Photographic Group, the Yorkshire Photographic Union and affiliated to the Photographic Alliance of Great Britain.
<https://ypu.org.uk/>

More information and contact details can be found on the following sites.

<https://beverleyphotographic.wixsite.com/club>

<https://www.facebook.com/groups/beverleyphotographyclub>

<https://www.flickr.com/groups/1095249@N24/>

GET TO KNOW THE CAST OF ERT

WRITTEN BY AL



JOHN PETERS

Hello John Peters! Can you share a fun fact about yourself that most people wouldn't know?

I've always been an actor though I never decided to be one. It just happened. I did once try out for an American football team.



What drew you to this production of "Confusions" and the characters you play?

I love the challenge of playing three different characters and trying to make them all individual and unique, whether that be through voice, body language, or just the clothes they wear - it's always fun. I've also performed at the ERT previously and absolutely love the space, it's really beautiful and brilliant to play.

If you could choose to be any other character in the play for a scene, who would it be and why?

I'd love to play Bernice in Drinking Companion - she's clearly a confident woman who doesn't take any nonsense.

What drew you to this production of "Confusions" and the characters you play?

A lucky chapter of accidents. I've always enjoyed any Ayckbourn play I've been in and I admire Gordon's never say die attitude.

If you could have any superpower, what would it be and why would it be helpful in this play?

The power to stop time. I'm sure Gosforth's Fete would have been a great success if only Gordon had had the time to solve all the problems.

What do you hope audiences take away from seeing Confusions?

Aching sides from laughing and sympathy and understanding for all the characters.

Alan Ayckbourn's work often deals with themes of human relationships and communication.

How do you approach portraying these themes in your characters?

You try your best to play the characters as written and then, if you do, the brilliance of his writing can come through.

JADE FARNILL

Hello Jade Farnill! Tell us about yourself in a few words. Can you share a fun fact about yourself that most people wouldn't know?

I'm Jade and I'm an actor who was born and raised in Hull and I trained in musical theatre!



If you could have any superpower, what would it be and why would it be helpful in this play?

I'd like to be able to shapeshift, and I think Millie could do with having multiple arms to help with pouring all of her cups of tea.

Are there any particular scenes or lines from the play that resonate with you?

Drinking companion as a whole is very poignant to me as a young woman. It's a reminder of how we always have to be on our guard around strangers (particularly men) no matter how nice they may seem to be - we never know a person's true intentions.

What do you hope audiences take away from seeing Confusions?

While the play can be funny at times, I hope the audiences can recognise the real dilemmas and issues these characters are facing, and realise you never know what someone else could be going through.

Alan Ayckbourn's work often deals with themes of human relationships and communication.

How do you approach portraying these themes in your characters?

I like putting myself in these characters' shoes - how would I react in this situation? While it doesn't always align with how my characters would react, it allows me to make informed choices that are based somewhat in truth and honesty.

HANNAH LEVY

Can you describe one of your Characters in "Confusions" in three words?

Lucy in Mother Figure - Maternal, overbearing, yet lost.



Are there any particular scenes or lines from the play that resonate with you?

From Mother Figure:

Terry:... you can't put a man in a cage. You try to do that, you've lost him. See my point?

Lucy: That can apply to women, too, surely?

This exchange provides insightful commentary on human nature and relationships, just as relevant today in 2024, as it was when the play was written in the 70s. In just two lines, it explores the complex themes of independence, power dynamics, and gender roles within partnerships - surely inspiring audiences to come along to explore the philosophical richness of "Confusions" further.

If you could choose to be any other character in the play for a scene, who would it be and why?

The Vicar, John Braithwaite, in "Gosforth's Fete". Rob's portrayal of the character is brilliant - full of

'S PRODUCTION OF CONFUSIONS

AN AYCKBOURN



storytelling and writing that Ayckbourn has wonderfully provided - a joy to speak and play with!

If you could choose to be any other character in the play for a scene, who would it be and why?

I think I would enjoy being an unnamed attendee of Gosforth's Fete - I would relish watching the calamity when everything goes wrong.

Finally, what's next for each of you after "Confusions"?

I plan to get my bathroom window fixed. I tried a repair myself but because the shower water splashes it - the mechanism inside has somewhat got stuck and rusty. I think an expert is needed.

MARK INMAN

Hello Mark! Can you share a fun fact about yourself that most people wouldn't know?

Hello! I'm Mark Inman and I am an avid Tottenham Hotspur fan!



If I had to describe my character Harry in three words it would be:

Very, very drunk!

What's your favourite way to unwind after a long day of rehearsals?

My favourite way to unwind after a long rehearsal is with a pint of Futtock's Old Dirigible and a Cheesestraw.

Finally, what's next for each of you after "Confusions"?

And what's next after Confusions: Absolutely nothing!

heart, honesty and humour. Audiences are going to love him!

ROBERT WADE

Hi Robert, If you could have any superpower, what would it be and why would it be helpful in this play?

The Vicar would enjoy having super hearing powers to snoop on all of the village gossip.



Can you describe one of your Characters in "Confusions" in three words?

The Vicar is bumbling, a gossip and clownish.

What do you hope audiences take away from seeing Confusions?

I hope the audience really enjoys the masterful



EAST RIDING THEATRE

Celebrating the 50th Anniversary of

CONFUSIONS

by Alan Ayckbourn

directed by Clive Kneller

Five actors, three plays and a bundle of laughs from one of the most prolific writers for the English stage

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eastridingtheatre.co.uk

Thursday 25th April to
Saturday 18th May 2024
Tickets: £20 Standard / £15 U16



EVERY THURSDAY

(Doors open 9.30am)

Join us for a free brew and enjoy some great films on Beverley Parkway's Big Screen. Only £5 (or £6 for newer releases) with drink and biscuits included. Aimed at 55s & over. Films subject to change.

Thursday 2nd May -

Book of Clarence (£6)

Starring: Lakeith Stanfield, Benedict Cumberbatch, Alfie Woodward.

Civil War (£6)

Starring: Cailee Spaeny, Kirsten Dunst, Stephen McKinley Henderson.

Poor Things

Starring: Emma Stone, Willem Defoe.

Thursday 9th May -

Book of Clarence (£6)

Starring: Lakeith Stanfield, Benedict Cumberbatch, Alfie Woodward.

Swede Caroline (£6)

Starring: Celyn Jones, Jo Hartley, Alice Lowe

Argylle

Starring: Bryce Dallas Howard, Bryan Cranston, Henry Cavill.

Thursday 16th May -

American Fiction

Starring: John Ortiz, Jeffrey Wright.

Argylle

Starring: Bryce Dallas Howard, Bryan Cranston, Henry Cavill.

Swede Caroline (£6)

Starring: Celyn Jones, Jo Hartley, Alice Lowe

Thursday 23rd May -

The Fall Guy (£6)

Starring: Ryan Gosling, Emily Blunt, Aaron Taylor-Johnson.

Argylle

Starring: Bryce Dallas Howard, Bryan Cranston, Henry Cavill.

American Fiction

Starring: John Ortiz, Jeffrey Wright.

Thursday 30th May -

Kingdom of the Planet of the Apes (£6)

Starring: William H. Macy, Kevin Durand, Owen Teague.

The Fall Guy (£6)

Starring: Ryan Gosling, Emily Blunt, Aaron Taylor-Johnson.

Ordinary Angels

Starring: Amy Acker, Alan Ritchson, Hilary Swank.

These are the films scheduled to open in May - all are subject to change.
Check out up-to-date cinema listings at www.justbeverley.co.uk/cinema-times



The Fall Guy

From 2nd May

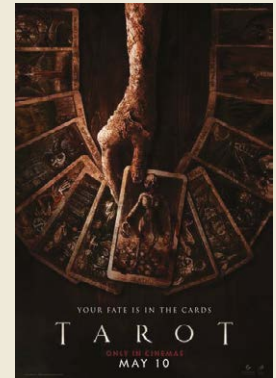
Starring: Ryan Gosling, Emily Blunt, Aaron Taylor-Johnson.



Star Wars: Chapter I - The Phantom Menace (25th Anniversary)

3rd to 5th May

Starring: Liam Neeson, Ewan McGregor.



Tarot

From 3rd May

Starring: Adain Bradley, Jacob Batalon, Olwen Fouéré.



Kingdom of the Planet of the Apes

From 9th May

Starring: William H. Macy, Kevin Durand, Owen Teague.



The Strangers: Chapter 1

From 17th May

Starring: Ema Horvath, Gabriel Basso, Madelaine Petsch.



IF

From 17th May

Starring: Ryan Reynolds, Fiona Shaw, John Krasinski.



Furiosa

From 24th May

Starring: Aylia Browne, Anya Taylor-Joy, Chris Hemsworth.



The Garfield Movie

From 24th May (previews
18th & 19th)

Starring: Brett Goldstein, Chris Pratt, Hannah Waddingham.



Sting

From 31st May

Starring: Aylia Browne, Penelope Mitchell, Robyn Nevin.

YOUR LOCAL INDEPENDENT CINEMA



JOIN US FOR SOME GREAT FILMS AND BIG SHOWS THIS SPRING

THE FALL GUY

He's a stuntman, and like everyone in the stunt community, he gets blown up, shot, crashed, thrown through windows and dropped from the highest of heights, all for our entertainment. And now, fresh off an almost career-ending accident, this working-class hero has to track down a missing movie star, solve a conspiracy and try to win back the love of his life while still doing his day job. What could possibly go right?

From 2nd May.



IF

Boasting an all-star cast made up of the likes of Ryan Reynolds, John Krasinski, Cailey Fleming and Fiona Shaw, plus the voices of Phoebe Waller-Bridge, Louis Gossett Jr. and Steve Carell, IF follows a young girl who after discovering that she can see everyone's imaginary friends, embarks on a magical adventure to reconnect forgotten IFs with their kids in this uplifting family film all about the power of a child's imagination.

From 17th May.

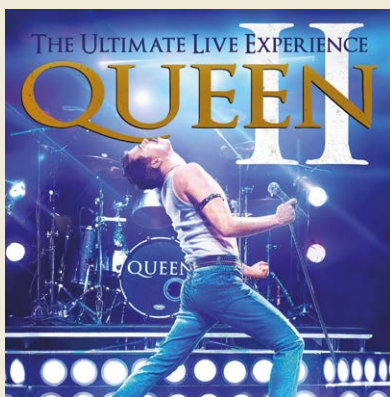


QUEEN II

Ready Freddie? Join us for a night of live music as Queen II, one of the country's top tribute bands, take to our stage to perform all of the band's biggest and best hits.

Having toured and sold out shows up and down the country as well as across Europe expect a show worthy of Queen themselves with powerful vocals, anthems, and Freddie's iconic showmanship.

Saturday 11th May.

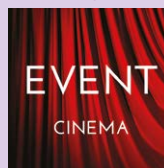
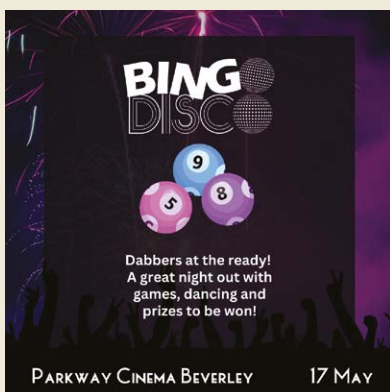


BINGO DISCO!

Get those dabbers ready as we combine bingo and a high-energy party to give you a night to remember!

We'll be playing all your favourite dance and party tracks while you get stuck into a range of fun and games to get you on your feet and dancing in the aisles. In true bingo style there'll be plenty of prizes with holidays, days out and restaurant trips up for grabs too!

Friday 17th May.



Event cinema offers something a little different to mainstream films. Live and pre-recorded shows beamed in via satellite from all over the world. Here are the latest live streams that you can enjoy on the big screen at Parkway Beverley.

**Wednesday 1st May, 6.45pm -
Royal Opera: Carmen**

Carmen declares that any man she loves should beware. However, even she is unprepared for what will happen when she decides to seduce Don José.

**Thursday 2nd May, 7pm -
Macbeth: Ralph Fiennes & Indira Varma**
Macbeth is coming. A couple corrupted by their relentless lust for power have blood on their hands. Witness the gripping tale of greed, murder, deception.

**Saturday 11th May, 5.55pm -
MET Opera: Madama Butterfly**
In her Met debut, Asmik Grigorian tackles the demanding role of Cio-Cio-San, the trusting geisha at the heart of Puccini's tragedy.

**Tuesday 14th May, 7.15pm -
Help I Sexted My Boss Live**
Help I Sexted My Boss is hitting the big screen! William Hanson and Jordan North present their hit comedy podcast, broadcast live into cinemas from the London Palladium.

**Thursday 16th May, 7pm &
Sunday 19th May, 2pm -
42nd Street The Musical**
42nd Street, the legendary Broadway musical theatre classic, is a 'glorious' (Express) and 'utterly moreish extravaganza of glitz' (Times).

**Wednesday 22nd May, 7.15pm -
Royal Ballet: The Winter's Tale**
Shakespeare's profound story of love and loss, artfully adapted into a contemporary three-act narrative ballet by Artistic Associate Christopher Wheeldon, celebrates its tenth anniversary. (includes two intervals)

**Thursday 30th May, 7.20pm -
Royal Ballet: Message in a Bottle**
Message In A Bottle is a spectacular new dance-theatre show from five-time Olivier Award nominee, Kate Prince, inspired by and set to the iconic hits of 17-time Grammy Award-winning artist Sting, including Every Breath You Take, Roxanne, Walking On The Moon and more.

I'VE BEEN THINKING... SAYS COLIN RAYNOR

So here we are in the merry month of May. As responsible citizens, we will, I am sure, give due reference to the serious matters of life (elections for instance) when we are called upon to do so. But let's just think about what lifts us up, and gives us joy.

I have over the period of writing this column brought to your attention items in the news, television shows, books and even radio programmes. All of which I have enjoyed and hope you have too.

You may remember me writing about a television programme called Repair Shop which I had found in the depths of BBC 2. Believe me when I tell you that was in February 2020.

Since that time, Repair Shop has become a firm favourite of many and has moved to BBC 1, even showing on a Saturday night. Jay and his fellow artisans have featured in many other shows. I just hope the BBC don't overdue the exposure of the show. Maybe take it off the screens for a while and then bring it back with new (not repeated) items that have received the restorative benefit of the team.

More recently I wrote about the Archers and the continuing appeal it has for thousands despite being on the radio since 1951.

The programme I want to bring to your attention now is also on Radio 4 and it occupies the half hour before the Archers at 6.30pm but just on Thursday nights. It is called "Conversations From A Long Marriage" and features two people who

everybody is familiar with, namely Joanna Lumley and Roger Allam. Written by Jane Etherington, the first episode was on New Years Day in 2020. Each series has five half hour episodes and the fifth series has just finished although all the episodes are available to be heard on BBC Sounds.

Why do I find it so appealing? The content of the programmes are conversations between a couple who have been married for over forty years. Whilst still in love with each other they find that day by day situations arise in which they seem to have different opinions. Can they work out solutions and reach agreement on matters that might initially seem to be irrelevant but come to assume important and deeper meanings than were perhaps originally intended?

As you can imagine both are strong characters and at times are reluctant to concede. However the conversations I assure you always have a degree of humour to them. Also very cleverly, the writer intersperses each fragment of conversation with a short snatch of popular music that relates to the conversation taking place.

I like it for the basics. There are of course no adverts. The clarity of diction from these two fine actors is superb. Due to the skill of the writer there is no hesitation in the responses the one gives to the other, which of course is not always so in real life. But there is real 'conversation' and that is so important for all of us to have the chance to engage with another human being.

I find it very sad to hear a person say "I haven't opened my mouth to anyone this week".



There will, I have no doubt, be some sad and worrying times ahead this year, as well as happy times. I am often reminded of the words in John Greenleaf Whittier's hymn...

"Dear Lord and Father of mankind,
forgive our foolish ways;
reclothe us in our rightful mind...
drop thy still dews of quietness,
till all our strivings cease...
speak through the earthquake, wind and fire,
oh still small voice of calm!"

Saying hallo to a stranger will hopefully bring a little joy to you both.

LEWIS NORTHEN
FUNERAL DIRECTORS

MY FAMILY TAKING
CARE OF YOURS

Get In Touch
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Born and raised in **Beverley**, we are proud of the funeral services we offer to our local community.

As a family business we want you to have confidence in us to support you from the first point of contact, throughout and thereafter. The moment your loved one comes into our care they will be treated with care and respect. We offer a comprehensive range of funeral services ensuring you receive the perfect funeral service for your loved ones.

We are available 24 hours a day, 365 days a year, we will guide and support your family throughout.

My family taking care of yours

Giving the personal touch to funeral services in Beverley and surrounding areas.

Funeral plans, memorial jewellery, available 24/7 365 days a year.



OUTSTANDING EXHIBITION COMES TO WALKINGTON

The Viewfinder Photographic Society (VPS) will be returning to The Ferguson Fawsitt in Walkington during the early May Bank Holiday weekend with an exhibition of stunning East Yorkshire photographs dedicated to local resident and dementia campaigner, Wendy Mitchell.

The Society will be displaying many of the images that are contained in their recently published book entitled 'OUTSTANDING', that celebrates the natural and man-made beauty of Hull and East Yorkshire.

David Marshall, VPS Chairman said; "Wendy was a passionate amateur photographer and keen to help us select images from the book for the exhibition - one of the last things she did before sadly passing away. It seems only right that we should pay tribute to her and we hope to raise funds for the important causes for which she campaigned."

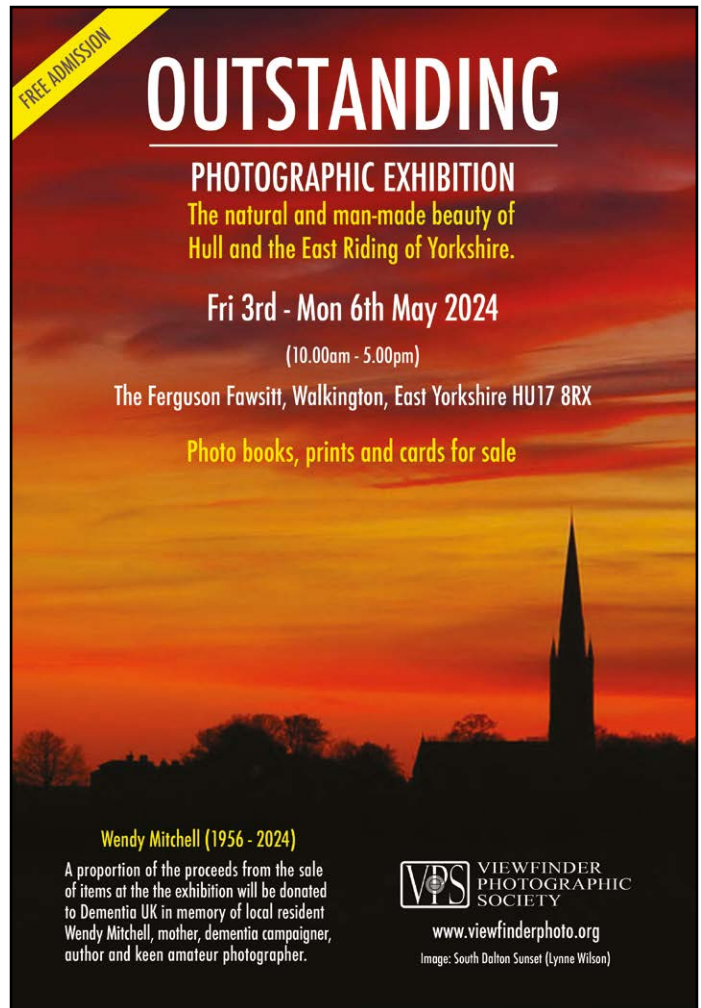
Admission to the exhibition is free and visitors will be able to browse the pictures on display in the pub's function room and buy copies of the book, prints and cards.

A proportion of the proceeds will be donated to Dementia UK.

www.viewfinderphoto.org

Exhibition opening times:

**The Ferguson Fawsitt, Walkington (Function Room)
Fri 3rd - Mon 6th May 2024 (10am - 5pm each day)**



FREE ADMISSION

OUTSTANDING

PHOTOGRAPHIC EXHIBITION
The natural and man-made beauty of Hull and the East Riding of Yorkshire.

Fri 3rd - Mon 6th May 2024
(10.00am - 5.00pm)

The Ferguson Fawsitt, Walkington, East Yorkshire HU17 8RX

Photo books, prints and cards for sale

Wendy Mitchell (1956 - 2024)
A proportion of the proceeds from the sale of items at the exhibition will be donated to Dementia UK in memory of local resident Wendy Mitchell, mother, dementia campaigner, author and keen amateur photographer.

VPS VIEWFINDER PHOTOGRAPHIC SOCIETY
www.viewfinderphoto.org
Image: South Dalton Sunset (Lynne Wilson)



The Ferguson Fawsitt



OPENING HOURS

MON & TUE:
16:00 - LATE

WED - SAT:
09:30 - LATE

SUN: 12:00 - 22:00

What's on at the Fergie

1st Thursday of the Month - Bingo from 2pm
4th Thursday of the Month - Live Music
1st Friday of the Month - Quiz Night from 8.45pm
2nd Friday of the Month - 10th May, Food and Craft Fair

Outstanding Photographic Exhibition
Friday 3rd - Monday 6th May (10am - 5pm each day)

Faulty Towers - Comedy Dining Experience
Friday 31st May, 7.30pm. Tickets £30.



TUESDAY TO SATURDAY:
AFTERNOON TEA 12PM to 5PM
www.fergusonfawsitt.co.uk
tel: 01482 526317



FOOD HOURS

WED - SAT:
09:30 - 19:30

SUN:
12:00 - 18:30

NORTHMEN SPIRIT - MEAD, THE NECTAR OF THE GODS

Mead is indeed very old and its origins, like those of beer and wine, lie buried in prehistory.

Perhaps the earliest example of Mead in Europe can be traced to a beaker in Scotland that had traces of pollen from honey plants, but perhaps the oldest reference to Mead occurs in the Rig Veda, written in India in the third millennium B.C..



The god Vishnu had in his heaven a flowing spring of Mead, called madhu!

More recently we've been stocking the wonderful Yorkshire Mead from Nidhoggr

Mead Co. since November 2022 and have seen a real increase in interest over the last couple of months.

Nidhoggr Mead is produced less than 20 miles from Beverley from 100% Yorkshire Honey, Yorkshire water and yeast.

All natural ingredients are used to produce a variety of amazing flavours;

- Ginger
- Traditional
- Elderflower
- Sour Cherry
- Lemon & Lime
- Apple & Rhubarb
- Raspberry & Lemon

You may have seen the Founder of Nidhoggr Mead Co on the BBC's Dragons Den on Thursday April 4th, despite not securing any additional investment we saw another increase in interest after this national exposure.

BBC DRAGONS' DEN

Nidhoggr are now starting to export internationally with interest from Japan, the United States and Austria.

You won't have to travel quite so far to sample this natural drink as we keep a stock of all the flavours in our BottleShop and serve it in our Bar as well. Keep your eye out for new flavours arriving soon. We will also be hosting a Mead Tasting Evening on May 17th, come along and meet the Head Brewer and enjoy a selection of these delicious Meads.

Upcoming events:

- May 2024**
Bivrost Midgard UK Launch event
- Thursday 9th May**
Mike Covell - Dark Stories
- Friday 17th May**
Nidhoggr Mead Tasting Evening



- Sunday 26th May**
NorthmenSpirit Whisky Club
- Sunday 30th June**
NorthmenSpirit Whisky Club

Open from 11am Wednesday to Sunday.
2-3 Cross Street, Beverley, East Yorkshire, HU17 9AX.
Web: www.northmenspirit.co.uk
Tel: 01482 259988
Instagram: @northmenspirit
Facebook: @NorthmenSpirit

Four Generations, Giving Over 130 Years Service

Herbert 1870-1962	Eardley 1908-1986	Geoffrey 1939-2015	David 1964
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NORTHMEN
— SPIRIT —

NORTHMEN SPIRIT BOTTLESHOP

- Beers from across Yorkshire & The North
- Gin from Orkney, Oban, Northumbria, Beverley and Hull
- Rum from the heart of East Yorkshire
- East Yorkshire Wines



2-3 Cross Street,
Beverley, HU17 9AX.

www.northmenspirit.co.uk

- @northmenspirit
- @NorthmenSpirit

OUT IN THE GARDEN

It has been an odd month for gardening, the rain dictating when you have been able to get out to do essential work. But despite the fluctuations in the weather plants are growing, especially weeds!

I have always found weeding to be very therapeutic, the fact that the outcome looks good is a big bonus. I probably however would call myself a selective weeder because there will be many plants that have self-seeded and are useful in other areas.

One of the things I would suggest you do is to try and identify plants or weeds by their leaf form, it may take you a while but is certainly worth it when it comes to weeding. Self-seeding flowers such as Granny's Bonnets (Aquilegia) are very prolific, you can either leave the plant to develop or pot it on, allow it to establish and then plant it elsewhere in the garden. They are an attractive plant offering lots of different colours and varieties which are also nectar rich for bumblebees growing in full sun or semi shade. Aquilegia's flower from May through to July.



Now is a good time to start planting perennials and shrubs, and redesigning your borders evaluating what has died, which plants worked and those that did not in that location, and perhaps in the case of evergreen shrubs what needs moving.



The borders can also be revitalised with a combination of shrubs and flowers, adding layers to the garden which are essential for wildlife. The lawn will now have been cut for a number of weeks and it will be time to either sow grass seed to fill in bare patches or lay new turf.

The log pile in the picture to the left was created from a wooden trellis that blew over in a strong wind back in 2022. It was strategically positioned in a small woodland area, being able to naturally decompose over the coming years. Design is not only about creating new layouts or features but also utilising what you already have. There are many positives to the design, but one of the most important are the number of insects it now houses.

Daffodils were planted to the front of the log pile and the tunnel shaped heads of the daffodils are not only an encouraging spring feature but in turn highlight the cylindrical shape of the logs. One thing to remember to do is pinch the dead flower heads from the daffodils. Doing this will ensure the energy is given back into the bulb ready for flowering next year. The Camassia's pictured below were planted in Autumn 2023, they will grow in sun or part shade but are a stunning feature against the backdrop of the evergreen domed yew (Taxus baccata).



It perhaps may seem the wrong time to suggest you start planting for Autumn, but in order to extend the season of colour to the garden it would be a good idea to plant Nerine bowdenii bulbs in pots. This can be done from April to June. The bulbs will then flower from September to November. A colourful feature that will complement and highlight the Autumnal tones. Position the pot in a warm sunny place, perhaps on a terrace or patio. Don't plant them too deeply, just allow the bulb to sit below the surface.

By mid-April you should be able to start harvesting your rhubarb, and by removing the larger stems it will encourage the smaller ones to develop. If you have a greenhouse now is the time to sow French and Runner beans, and if the temperature increases you will be able to sow peas outdoors. Do however be cautious with the weather. This photograph of the small kitchen garden covered in snow was taken in April 2021.



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Email: gareth@botterillco.co.uk

Website: www.botterillco.co.uk

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WHAT'S CHANGING AND WHAT'S NOT - YOUR NEW TAX YEAR CHECKLIST

Chancellor Hunt touted a cut to employee National Insurance contributions in the Spring Budget. However, this seemingly positive step is overshadowed by two key issues.

Firstly, frozen tax thresholds mean many will be pushed into higher tax brackets, effectively negating the NICs benefit. Secondly, the Office for Budget Responsibility predicts a significant drop in living standards, the worst since the 1950s. This raises questions about the overall effectiveness of the Budget in addressing the current economic challenges.

Given the potential for an election in November, economic concerns and the ongoing cost-of-living pressures are likely to be central issues. Taking advantage of available tax breaks can ease these burdens and contribute to your financial security.

Income Tax and National Insurance: Mixed News for Taxpayers

Unfortunately, there's no change to the amount you can earn before paying income tax (personal allowance: £12,570) or the income levels at which higher tax rates kick in. These will be frozen until 2028. Here's some good news!

The main rate of National Insurance contributions for employees has been permanently reduced by 2%, bringing it down to 8%. Additionally, Class 2 NICs have been eliminated entirely. This means you'll keep more of your hard-earned income.

For self-employed earners, Class 4 National Insurance contributions have been adjusted to 6%.

Dividend Tax Takes a Bite: How It Affects You

The Personal Savings Allowance holds steady. Basic-rate taxpayers can still earn up to £1,000 interest without paying tax. However, there's a negative impact for those receiving dividends (company payouts). The tax-free allowance for dividends has been cut in half to just £500 for the 2024/25 tax year.

This means you'll pay more tax on dividend income if you exceed this limit. If you own shares or receive dividends from investments, this change could affect you. Explore maximising your pension contributions, which offer more generous tax benefits compared to the reduced dividend allowance.

Boost Your Retirement Savings: Big Changes to Pensions

This year brings significant news for pension savers: The Lifetime Allowance, which previously limited how much you could accumulate in your pension before facing tax penalties, has been scrapped! This means you can now contribute as much as you can afford towards your golden years.

The standard annual allowance for pension contributions, which is the total amount you and

your employer (or a third party) can contribute before losing tax relief, remains at £60,000 and you can still claim tax relief on your personal contributions, capped at 100% of your relevant earnings in a tax year, or £3,600 if you earn less.

These changes offer a fantastic opportunity to significantly increase your retirement savings. However, there's a new limit on the amount you can withdraw tax-free from your pension pot. It's the lower of £268,275 or 25% of your total pension value.

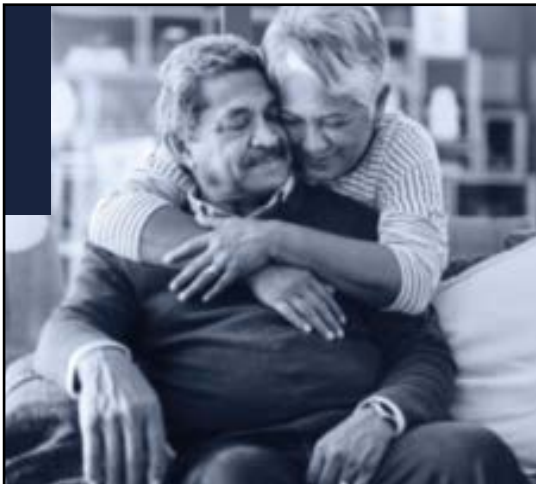
Anything you withdraw beyond the tax-free lump sum will be subject to income tax at your marginal rate. While pensions offer great tax benefits, consider using tax-efficient investments like ISAs alongside them to create a well-rounded retirement plan.

ISAs: Holding Steady with a Growth Reminder

The good news is, your ISA allowance remains at £20,000 for both Stocks & Shares and Cash ISAs. This means you can continue sheltering a healthy chunk of your savings from the taxman.

While interest rates are currently high, they're expected to stay below inflation for most of 2024. This means the purchasing power of your money in a Cash ISA could erode over time. For potentially higher returns that outpace inflation, Stocks & Shares ISAs remain a compelling option for long-term ISA savers. The annual allowance for Junior ISAs also remains unchanged at £9,000. They're a great way to jumpstart your children or grandchildren's financial future.

Inheritance Tax: No Changes, But Planning Still Important



Achieve the future you want

We all imagine our future differently.

Whatever your goals, we believe there is value in taking advice from someone you trust. We will work with you to plan, grow and protect your financial future.

Let's start a conversation.

Navigation Wealth Management

01482 379504
navigationwm@sjpg.co.uk
www.navigationwm.co.uk



Navigation Wealth Management is an Appointed Representative of and represents only St. James's Place Wealth Management plc (which is authorised and regulated by the Financial Conduct Authority) for the purpose of advising solely on the group's wealth management products and services, more details of which are set out on the group's website www.sjp.co.uk/products. The 'St. James's Place Partnership' and the titles 'Partner' and 'Partner Practice' are marketing terms used to describe St. James's Place representatives.

While the Spring Budget brought speculation about Inheritance Tax (IHT), there are actually no changes for the 2024/25 tax year. The nil-rate band, the threshold below which no IHT is paid, remains at £325,000 and is frozen until 2028.

The Residence Nil Rate Band (RNRB), which allows you to pass your main residence to direct descendants tax-free, also stays at £175,000. Even with no changes, Inheritance Tax planning remains crucial to ensure your estate passes to your loved ones smoothly.

Capital Gains Tax: Tightening the Belt, But a Break for Property Sellers

The new tax year brings a reduction in the Capital Gains Tax-free allowance. The amount you can earn from selling assets before owing CGT shrinks to £3,000, down from £6,000 in previous years.

There's some good news for those planning to sell a second home or buy-to-let property. The CGT rate on these sales has been lowered from 28% to 24%, offering some tax relief.

Uncertain about how these changes impact you?

This year's tax landscape has shifted, and navigating the new rules can be complex. To ensure you're maximising your allowances and minimising your tax burden contact Navigation Wealth Management on **01482 379504**. We can help you tailor a personalised strategy to meet your specific financial goals in this ever-changing environment.

The value of an investment with St. James's Place will link directly to the performance of the funds selected and may fall as well as rise. You may get back less than the amount invested.

An investment in a Stocks & Shares ISA will not provide the same security of capital associated with a Cash ISA or a deposit with a bank or building society.

The levels and bases of taxation, and reliefs from taxation, can change at any time and are generally dependent on individual circumstances.

Tc Patisserie

We are now no longer a café, but still make our own patisseries and Tc Patisserie is now a French food shop to compliment our own products.

We have a daily selection of freshly made croissants, breads and patisseries.

We make reheat at home meals which can be bought over the counter or pre ordered, via our mailing list or messenger.

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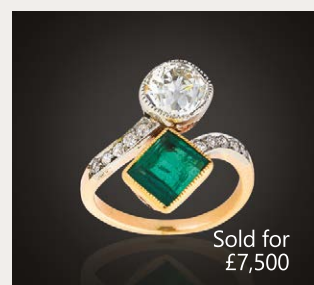
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STOP FOR A MOMENT... AND BREATHE

Beverley is a fantastic place to practice mindfulness as there are so many glorious sounds, sights, tastes, scents and textures to experience through all of your senses.



When teaching mindfulness, I suggest to learners that they look up when walking around Beverley and notice what catches the eye - intricate architecture, the budding of spring leaves emerging on the trees - not searching for something particular but noticing what arises into your vision.

In mindfulness practice we're encouraged to experience life in the moment, paying attention, on purpose and without judgement. Many people are directed to a mindfulness course to help manage stress and anxiety and incorporating mindful meditation in your life can be extremely beneficial for both mental and physical wellbeing.

My favourite way of practicing mindfulness is in everyday, sometimes mundane tasks such as drinking a cup of coffee or taking a shower. How often do you spend time deliberating over whether you'd prefer the Hawaiian Tropical or the Norwegian Forest shower gel, only to rush your shower without noticing the temperature and sensations of the water or the scent of your carefully chosen bathing product!



May heralds the Beverley and East Riding Early Music Festival, taking place from Friday 24th to Sunday 26th May and this year themed "Threads of Gold", it draws parallels between Beverley's remarkable history and Spanish early music. Immersing ourselves in music gives us the opportunity to mindfully experience sound, closing the eyes and becoming aware of the volume, beat, pitch, rhythm and silences between notes. The passion of Spanish music can lead us into "thinking"... thoughts such as "*who wrote this music, in which century, how old was the writer*"... these thoughts take us away from the present moment and the only moment we ever have is NOW, it's a gift which is why it's called the "present".

Are you taking part in the Beverley 10K taking place on Sunday, 12th May? Whether you're running across the glorious Westwood in bright sunshine or a light rain shower, experience the moment *just as it is*, without preference (ie. not judging it as good or bad), bringing awareness to the warmth of sunshine on your skin or sensing the pollen in the air and be aware of the breath in the body as you move.

Beverley Racecourse has a full range of fixtures and as the "going" improves from "heavy" to "good", you can partake in the sights and sounds of an exhilarating day watching the racing and maybe do some mindful eating and drinking in the entertainment area between races.

May in East Yorkshire serves as a reminder to pause, breathe, reflect and nurture ourselves in mind, body and spirit as we appreciate the beauty of our surroundings through our senses and the amazingly complex and intelligent bodies we occupy.

Take note of this quote from Jon Kabat Zinn, founder of the mindfulness movement "*The little things? The little moments. They aren't little*".

For more information and details on further techniques including hypnotherapy, visit www.francesdunning.com or contact me, Fran Dunning on 07973 819867.

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Clinical Hypnotherapist & Provider of Mindfulness in the Workplace

Victoria Dock, Hull

Mobile: 07973 819867

e-mail: info@francesdunning.com

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WE LOOK FORWARD TO SERVING YOU!

SSAFA NEEDS YOU!

SSAFA, the Armed Forces charity, plays a pivotal role in supporting the UK's military community. With a history dating back over 135 years, SSAFA provides vital assistance to serving personnel, veterans, and their families.

Their work encompasses a broad spectrum of support services, ranging from financial aid and housing assistance to emotional and mental health support.

One of SSAFA's core missions is to ensure that no member of the Armed Forces community faces adversity alone.

They offer practical assistance in times of need, such as helping veterans navigate the complexities of civilian life or providing

emergency support during crises.

Moreover, SSAFA's network of trained volunteers and professionals extends across the country, offering a lifeline to those in remote or underserved areas.

Beyond immediate assistance, SSAFA also champions long-term solutions, advocating for the rights and welfare of military personnel and their families.



In essence, SSAFA's work embodies the spirit of solidarity and gratitude towards those who serve their country.

SSAFA need you to provide continued support and help.

CAN YOU HELP? YOUR VETERANS NEED YOU.

If you are interested in making a difference: Contact SSAFA on: **01964 552 837**
Email: eyorks.branch@ssafa.org.uk
Website: ssafa.org.uk



Through campaigns, research, and partnerships, they strive to address systemic issues affecting the Armed Forces community, fostering a society that honors and supports its servicemen and women.

ssafa | the **Armed Forces** charity

Your Veterans Need You!

SSAFA are looking for volunteers to fill the following positions:

- Administration Assistant
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- Branch Volunteering Coordinator
 - Caseworkers
- Divisional Secretarial Support
 - Mentors
- Recruitment Coordinators
 - Treasurer Support

SSAFA ARE URGENTLY LOOKING FOR A BRANCH SECRETARY

The Branch Secretary serves as key figures in supporting those who have served their country, ensuring they receive the assistance and resources when in need after protecting our country.

It's a role that requires dedication, compassion, and a commitment to serving others, offering immense personal satisfaction and the opportunity to positively impact the community.

If you think you can help, please get in touch:

Tel: 01964 552 837

Email: eyorks.branch@ssafa.org.uk

Website: ssafa.org.uk



NURSING HOME CELEBRATES SILVER ANNIVERSARY



A nursing home which has been caring for people from the Beverley area for 25 years marked its silver jubilee with a celebration which brought together residents, staff and an array of special guests.

Beverley Grange Nursing Home was set up by Mr and Mrs Marwah - who are both doctors - and has built a reputation as a haven of compassion, dignity and respect, where residents are cherished and their individuality is honoured.

Mrs Marwah has a background in medicine from University in India and, after completing her MBA and diploma in health service research in Hull, decided she specifically wanted to work with the elderly.

She discussed her ideas with her husband and they decided to purchase the land, which was a farmer's field at the time.

They developed the site as a purpose-built residential and nursing home with people at its heart, from the residents and their families to the experienced and dedicated team of staff.

"We are proud to say that we haven't used an agency carer for over two years," said Mrs Marwah.

Beverley Grange specialises in end-of-life care and works hard to create a family feel, which

was reflected with the anniversary celebrations of singing and dancing and an eye-catching - and mouthwatering - anniversary cake.

Activities take place throughout the year and are tailored to the interests and experience of the residents. Two highlights were events which remembered the suffragettes and the Second World War.

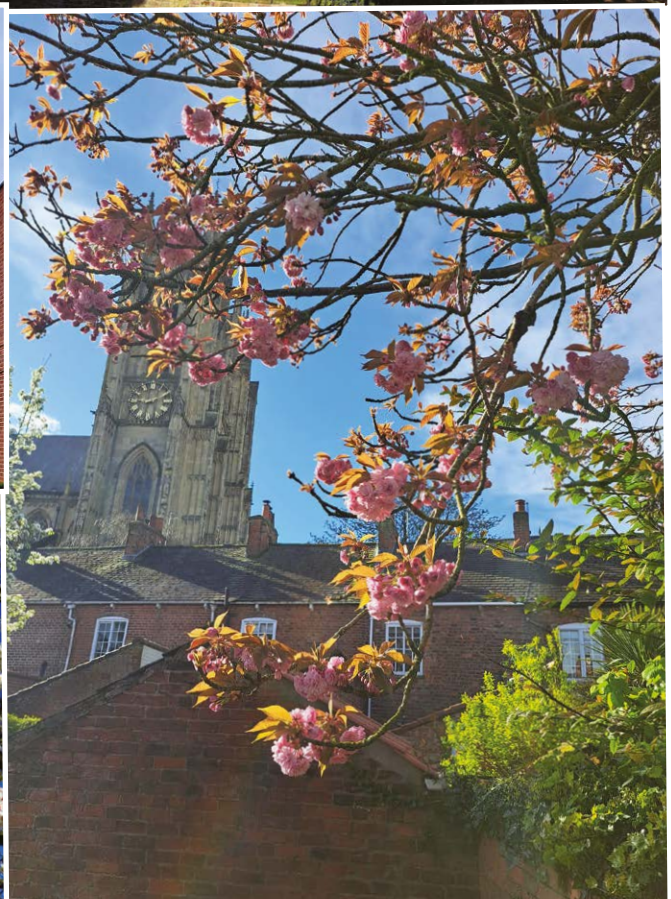
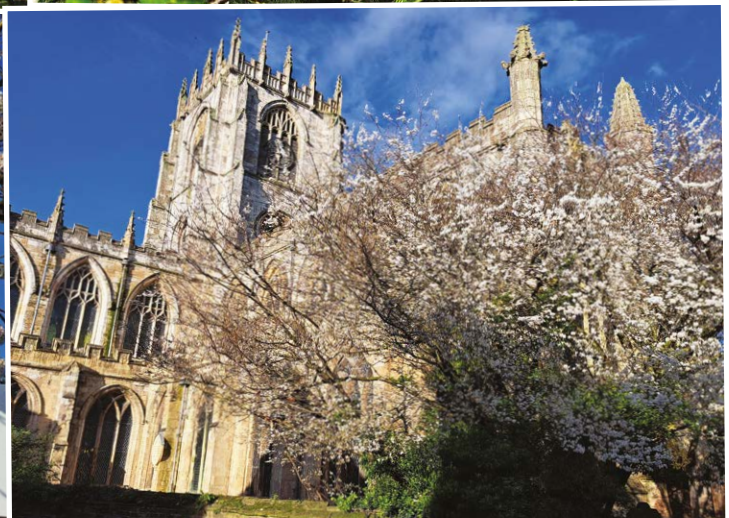
Mrs Marwah said: "We have residents who were involved in these historic events, including a lady who drove Army lorries overseas and had a lot of stories to tell. The big celebrations are the many 100th birthdays and our oldest current resident is 102 years old."

In addition to en-suite rooms, Beverley Grange also has bungalows equipped for independent living with easy access throughout. Facilities include gardens, lounges and a hairdressing salon and all the food is home-cooked in Beverley Grange's own kitchens.

The focus is on person-centred care with continuity ensured by the fact that many staff have worked at Beverley Grange for a long time and know the residents well.

Mrs Marwah said: "As a family-run nursing home, all residents, relatives, and staff are seen as one big family and are involved in all aspects of care. We don't just look after the relatives, we look after the families as well."

BEVERLEY IN BLOSSOM



Blossom Pictures - Ian Richardson.

60 Day Notice Account

4.60%

Gross*/AER** Variable



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Email: customerservices@beverleybs.co.uk

Summary Box - Key Product Information

Account name	60 Day Notice		
What is the interest rate?	Annual Interest		Monthly Interest
	For Balances £5,000+	4.60% Gross* / AER**	For Balances £5,000+ 4.55% Gross*/4.65%AER**
	Annual Interest - Added at 31 December each year at close of business.		Monthly Interest - Added on last day of each month at close of business and immediately paid out to a different account of your choice.
	Balances under £5,000 will attract the lowest rate from the Instant Access Account.		
Can Beverley Building Society change the interest rate?	Yes, the interest rate for this account is variable. Refer to our General Savings Terms and Conditions for full details		
What would the estimated balance be after 12 months based on a £5,000 deposit?	Deposit	Annual Interest (Assuming interest paid back into the account)	Monthly Interest (Paid to nominated account other than the 60 Day Notice Account)
	£5,000.00	£5,230.00	£5,000.00 (Total monthly interest paid in 12 instalments over 12 months would be £227.50)
	These amounts assume no other transactions or rate changes.		
How do I open and manage my account?	<p>This account can be opened if: You are resident and tax resident in the UK. You pay in at least £5,000.</p> <p>How to open the account Fill out and sign the application form which can be obtained in branch, on our website or by calling us. Provide identification (examples in our "Verifying your Identity" list.) Send us at least £5,000 by bank transfer or cheque payable to yourself.</p> <p>How to close the account 60 calendar day notice required (except in the event of death being registered with the Society for any party to the account).</p> <p>Managing your account This account can be managed in branch or by post. Please contact us if you need assistance from us or someone else.</p>		
Can I withdraw money?	<p>YES, by giving us 60 calendar days notice. No immediate withdrawals.</p> <p>Notice: Only one notice period at a time. After 60 days you have 7 further calendar days in which to take out the money. If your request or the 60th day falls on a non-business day, the next business day will be used. Refer to our General Savings Terms and Conditions for more information on taking money out.</p>		
Additional Information	<p>* Gross rate - the contractual rate of interest to be paid on a savings account without any deduction being made in respect of potential tax liability. ** AER - stands for Annual Equivalent Rate and illustrates what the interest rate would be if interest was paid and compounded once each year. Income Tax - Tax treatment depends on the individual circumstances of each customer and may be subject to change in the future by HM Revenue & Customs.</p>		

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We understand that each case is different. We do not credit score and we support you with the highest level of personal customer service.

Beverly Building Society's award-winning excellence as a mortgage provider consistently results in positive member feedback. As of February 2024, the Beverly has a 4.9 rating* on the mortgage section of Smart Money People, the UK's dedicated financial services review site.

So, without compromising on your standard of living, why not enjoy the fruits of your labours?

Scan the QR code to find out how our RIO mortgage could help you start your next adventure.



Telephone: **01482 881510**

Email: **mortgages@beverleybs.co.uk**

T&CS APPLY. *At April 2024.

THE EVOLUTION OF BANK HOLIDAYS IN THE UNITED KINGDOM

Bank holidays in the United Kingdom have a rich history dating back centuries, evolving from religious observances to statutory days off for workers. Understanding the origins and development of these holidays provides valuable insight into the social, cultural, and economic changes that have shaped British society over time.

The concept of holidays, particularly those designated for rest and recreation, has roots in ancient civilizations where festivals and feasts marked significant events in agricultural cycles or religious ceremonies.

In medieval Europe, saints' feast days were observed as days of rest and celebration, providing workers with a respite from their daily labors. However, it wasn't until much later that the idea of bank holidays, as we know them today, emerged.



The term "bank holiday" itself originated in the 19th century, during a period of significant economic instability in the United Kingdom.

The first modern bank holiday in the UK was declared on August 4, 1871, by the Liberal government led by Prime Minister William Gladstone. This holiday was established to give bank employees a day off work, allowing them to participate in cricket matches and other recreational activities.

The idea of bank holidays gained further momentum with the Bank Holidays Act of 1871, which established four official bank holidays in England, Wales, and Ireland: Easter Monday, Whit Monday, the first Monday in August, and Boxing Day (December 26).

These holidays were initially intended to coincide with the closure of banks, hence the name "bank holidays," but they soon became widely observed as days off for the general population.

Over time, the list of bank holidays expanded to include additional days of significance. In 1965, the August bank holiday was moved to the last Monday in August to create a long weekend, encouraging domestic tourism and leisure activities.

In 1971, the Banking and Financial Dealings Act established the Spring Bank Holiday, which replaced Whit Monday with the last Monday in

May. This change aimed to create a more uniform distribution of bank holidays throughout the year.



The 20th century also saw the introduction of new bank holidays to commemorate significant national events. In 1978, the first Monday in May was designated as May Day, celebrating the traditional spring festival and the labor movement. In 2002, an additional bank holiday was created for the Queen's Golden Jubilee, and in 2011, another holiday was added to celebrate the wedding of Prince William and Kate Middleton.

Today, bank holidays in the UK serve multiple purposes. They provide opportunities for rest and relaxation, promote cultural and recreational activities, and stimulate the economy through increased spending on leisure pursuits and tourism. Additionally, they play a role in fostering a sense of national identity and unity, as people come together to celebrate shared traditions and historical milestones.

In conclusion, the history of bank holidays in the United Kingdom reflects the evolving social, cultural, and economic landscape of the nation. From their humble beginnings as days off for bank employees to their current status as widely celebrated occasions, bank holidays have become an integral part of British life, serving as reminders of the past while shaping the future.

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LOCAL HOME CARE COMPANY PLEDGES TO HELP BOOST EARLY DEMENTIA DIAGNOSIS

This Dementia Action Week, 13th - 19th May, local home care company Home Instead Beverley & Hull is pledging to give out 500 of the Alzheimer's Society's dementia checklist which enable families affected by dementia to seek an early diagnosis and receive support before it progresses further.

Members of the community are being encouraged to join in with boosting awareness of the condition.

The Alzheimer's Society's checklist lists typical dementia symptoms. People with dementia, or their loved ones, can fill it in and show it to a GP or healthcare professional. It helps show the severity of the condition and increases the chances of receiving a diagnosis, enabling you to seek further help.

Not only that, it removes the need for family members to discuss their loved ones symptoms in front of them, preventing conflict and upset.

As a company that supports older people with dementia living at home, Home Instead sees the impact that the condition has on families. The company has care

professionals who are specially trained to deliver dementia care, and decided that Dementia Action Week, run by the Alzheimer's Society, was the best time to raise awareness.

Mandy Aitken, owner of Home Instead, says: "Some people have difficulty receiving a dementia diagnosis, for a number of reasons. Perhaps the GP thinks that the person is simply showing signs of old age, rather than dementia. And maybe their loved one doesn't think they have developed the condition.

"The dementia checklist is such a useful tool to demonstrate the common signs your loved one is showing, from asking the same question repeatedly to struggling to find the right word.

"Getting an early diagnosis is important, and that's the message we're spreading when out in the community to mark Dementia Action Week. It might be that your loved one can get treatment to prevent it from progressing further. Or they might benefit from joining a local support group. Find out at an early stage stands you in great stead to face the challenges of dementia together."



Home Instead's dementia training programme is City & Guilds assured and has even won a Princess Royal Training Award.

Care professionals are equipped with the knowledge and skills to respond to common dementia symptoms and enable older people to live at home safely and happily.

You can view the dementia checklist to the right of this page, but if you'd like to know more about the checklist, or would like to learn more about Home Instead's care services or career opportunities, please email office@beverley.homeinstead.co.uk or ring **01482 231145**.

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My checklist for possible dementia symptoms



This checklist will help you have a conversation with a doctor or other health professional. Use it to note any difficulties you've had.

It is not intended to diagnose dementia or any other health condition. Everyone experiences dementia in their own way. This checklist includes common signs of dementia. But there can be other reasons for any changes you've noticed.

Talk to your doctor about any concerns that you've indicated on the checklist.

Memory and mental ability problems

	Tick if affected by	Tick if impacting daily life	How long it's been happening
Memory loss – difficulty learning new information or forgetting recent events or people's names			
Struggling to find the right word			
Difficulty judging distances or mistaking reflections or patterns for other objects			
Struggling to make decisions, or making careless or risky decisions			
Losing track of time and dates			
Asking the same question over again, or repeating phrases			
Putting objects in unusual places			

Problems with daily living activities

	Tick if affected by	Tick if impacting daily life	How long it's been happening
Struggling with tasks like paying bills, planning ahead, shopping			
Difficulty getting enough sleep			
Getting lost in familiar places			

	Tick if affected by	Tick if impacting daily life	How long it's been happening
Becoming easily upset, irritable, or aggressive			
Symptoms of depression, like feeling sad or hopeless			
Symptoms of anxiety, like feeling very worried or uneasy			
Withdrawal or losing interest in things I previously enjoyed			
Acting inappropriately or out of character			
Feeling restless and walking about			

Notes on other symptoms or concerns

Hearing problems

Date of last hearing test: _____

Sight problems

Date of last sight test: _____

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Endorsed by the Royal College of General Practitioners

ALLYSON KENT - FROM HER OWN DIAGNOSIS TO SETTING UP A CHARITY TO HELP OTHERS MANAGE THEIR FEAR

Fear can be damaging to our physical and mental health and is completely normal after a cancer diagnosis, but no-one talks about it, stopping us from living our lives.

After the diagnosis, we are gratefully 'strapped in' for the physical treatment, which might be radiotherapy, chemotherapy, medications, scans and bloods, with the latter two on repeat, and there it is, fear of the 'what if', or it might be after the treatment has ended, with fears of reoccurrence.

I understand how cancer takes over our thinking 24/7, but this is not who we are. We are more than cancer and it is because of my own experiences and hearing about that of others, that I have explored how fear affects us both physically and mentally, which has led me to set up a new charity 'YES I CAN', to help people affected by cancer to manage fear.

This will be through the provision of face-to-face courses in the Hull or East Riding of Yorkshire or via on-line courses via Zoom.

The courses will help you to:

- **Take action;** acknowledge and face the fears, supporting you gently from a place

of pain and paralysis to a place of power, looking at the things you can do.

- **Build your confidence** to face your fears, using a range of tools and strategies to help you build your resilience and confidence, one day at a time.
- Understand the **Power of Words**, those you hear from yourself as well as those you hear from others and how they can affect your day.
- **Reframe negative thoughts.**
- Understand the power of **affirmations.**
- **Be open** to new ways of thinking, reflection and

- Understand the importance of **self-care and self-compassion**, now more than ever.

If you are interested to know more or register your interest for a course, please use the contact form via www.yesican.org.uk

This is still under development at time of



writing and hope will be completed at the time of publication. Or email me on: allysonkent@icloud.com

Allyson Kent
Founder of **Yes I Can.**

You can meet up with Allyson at one of the parkruns.



BEVERLEY WESTWOOD PARKRUN - DEFINITION OF A VOLUNTEER

At Beverley Westwood parkrun we have many inspiring people involved with the event. Inspirational is a much over used word but when it comes to John Parish I think it is a bit of an understatement of a word!

John studied Aeronautical Engineering at Loughborough University which saw him make the move to British Aerospace bringing him to East Yorkshire.

If the dictionary wanted to show a person as the definition of the word volunteer then John would be that someone. John was not involved with setting up BWp but he very quickly became a core volunteer at the event. With close to 160 events having been held, John has volunteered at almost 140 of them! That really does take some dedication.

His key specialities are set-up and event day



course check which are his behind the scenes jobs but most of you will likely know his weekly updates on a Saturday when he gives us an overview of the morning on the Facebook page and includes some of his photos, of which he takes lots!!

John has actually only run/walked 20 parkruns in total and of that only 7 have been at Beverley! Of that 20, 8 of the credits have still been volunteering as he took on the tailwalker or parkwalker roles. John is what we call a not-parkrunner in having completed over 160 of these.

Back in lockdown, when parkrun was closed, HQ encouraged us to still get out there and record our 5k run/walks and he has continued to do this long after lockdown was lifted. John completes his not-parkruns once or twice a week alongside keeping fit for his other passion, fellwalking.

John is a member of the Beverley AC running club, you will more likely find him marshalling at events these days. He has also recently qualified as a White Badge Tour Guide for Hull Museums so be sure to look out for him when you visit the fabulous museums of Hull.

John's other volunteering achievements include Hull City of Culture, baton carrier for the Commonwealth Games, marshal at the Tour de France and Tour of Yorkshire and helping set up a local branch of Read Easy.

John's volunteering started 40 years ago when he took over as organiser of the Blackburns Mixed Hockey team and with him visiting the folks in

the local care homes, where I am sure they will have been pleased to see his friendly smiley face.



John is now a very valued member of the Beverley Westwood parkrun core team, and we are very lucky to have him, and by extension his wife Mel, with whom he can often be found handing out finish tokens at the end.

Louise Barrett.

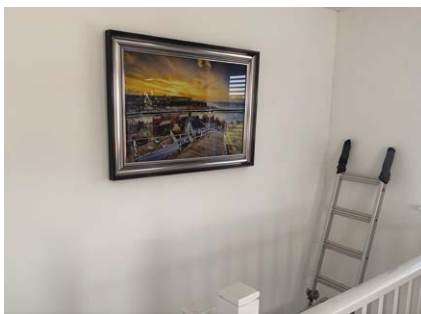


IAN HARRISON HANDYMAN

Properly executed do-it-yourself (DIY) projects are crucial for several reasons.

Firstly, ensuring tasks are completed correctly enhances safety, reducing the risk of accidents or injuries that can occur due to faulty workmanship.

Secondly, proper DIY work maintains the integrity and functionality of the structure or object being modified or repaired, avoiding potential damage or degradation over time.



Additionally, well-executed DIY projects often result in a higher quality outcome, whether it's a home improvement task or a creative endeavor, leading to greater satisfaction and longevity of the finished product. Moreover, doing DIY work properly can save time and money in the long run by minimising the need for costly repairs or

replacements due to mistakes. Ultimately, the importance of carrying out DIY tasks with care and precision lies in promoting safety, durability, quality, and overall satisfaction with the end result.

If you are looking to get your home looking good for the Summer ahead, now is the time to Spring into action.

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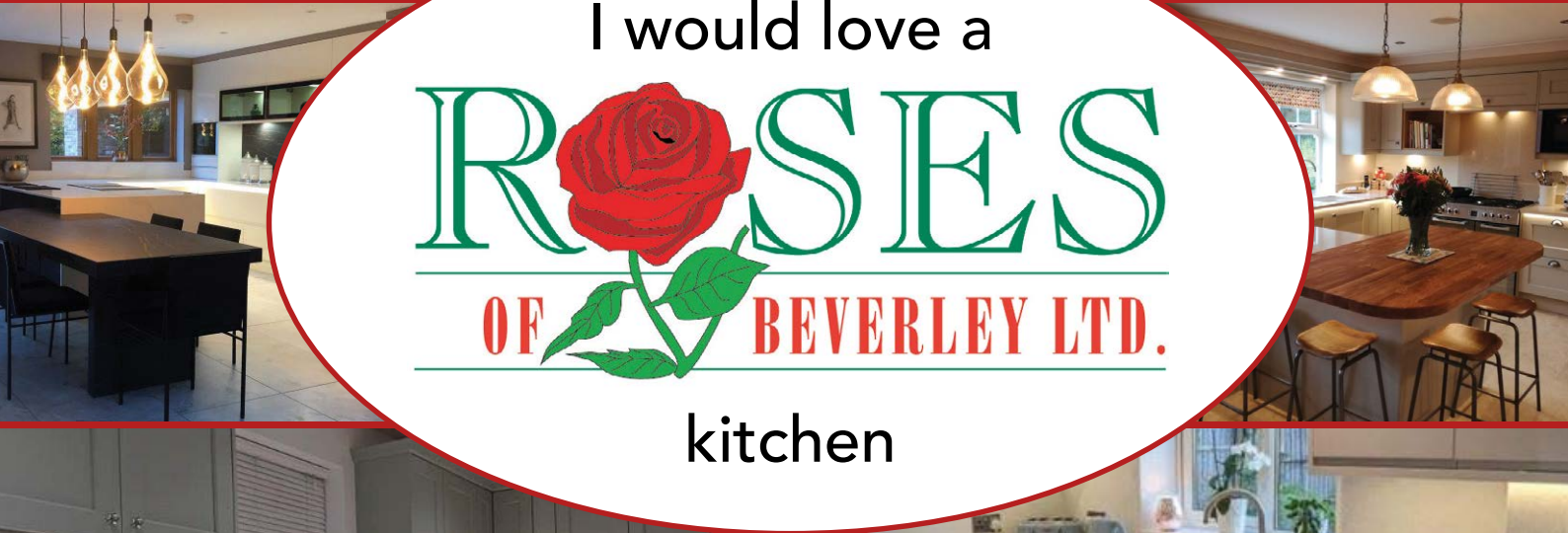
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 K O V K M L Y W G K T S W K L
 X G I C W O O U A E G S P V R
 Z Q C F M L A L R O N V H S W
 L N S M F Y W T D F T O P R J
 V R M U P S A N E Z Z L G U K
 S G D P N I R K N N Q D X O C
 T E A S N S U O S E M A G L C
 P H D M G Z H J O G B N F O O
 J C E P D J Y I Z D H M S C O
 E N W X M R A W N C T D L F I
 T H E H C D M D W E V U A D J
 B R P R F F F V A A S I O R F

COLOURS
 ENTERTAINMENT
 FLOWERS
 GAMES
 GARDEN

HAPPY
 HOLIDAYS
 MAY
 OUTDOORS
 SUNSHINE

WHAT IS IT?

Can you identify what this obscure item is? Answer on Page 34.



COMEDY CORNER

Things that make you laugh!



I usually use a sensitive toothpaste,
 but it gets jealous when I use other ones!!

Two tomatoes were having a race.
 The faster one shouted back, "Ketchup"!!

I noticed a horse had fallen over in the field.
 Its friends called out, "Giddy Up"!!

I never trust the King of the Jungle.
 He's always Lion!!

QUOTE OF THE MONTH
 May is the
 Gateway to Summer

More sunshine
 A lot going on in Beverley
 Young and old enjoying fresh air



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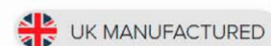
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IN THE PICTURE WITH JOSH

At this time of year, nature is getting into full swing with a lot of great wildlife to see if it stops raining long enough to get your camera out.

Although you can still get some nice shots in the rain if it's not too heavy, like this slightly soggy looking Red Kite flying around in a rain shower.

I can't guarantee you'll get a great photo if you go out in bad weather, but I can guarantee you won't get any good photos if you don't go out, so it's always worth trying.

Along the coast, the Puffins, Gannets and other sea birds are back on the cliffs and you can get some great close up shots as they glide along the cliff tops.



At nature reserves like Tophill Low the Wetland birds are breeding, like this Oyster catcher and chick foraging for food, and you're likely to see plenty of other birds as well like the Kingfishers hunting and darting around.

If you prefer landscape photography the changing

light at this time of year can create some beautiful shots like this recent image of Saltburn Pier, with the cloudy sky reflected on the wet sand.

The consistent rain means there is also plenty of opportunity to photograph waterfalls in North Yorkshire and along the coast, but remember to keep your eye out for wildlife as well, I've photographed Adders, Slow Worms, Lizards and Dippers while out photographing waterfalls.



You can find more information about my work and full portfolios on my website and my social media pages and if you have any questions don't hesitate to get in touch.

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 Email: info@joshharrisonmedia.com



GET READY FOR SUMMER!


As summer approaches, it's time to prep for outdoor activities. Pilates and massage therapy offer the perfect duo for enhancing movement and recovery.

Pilates focuses on core strength, flexibility, and body awareness. It's versatile and suitable for all ages, helping tone muscles and improve posture.

Regular sessions foster a deeper mind-body connection, essential for navigating summer activities with ease. After a day outdoors, massage soothes tired muscles and promotes quick recovery. It enhances circulation, reduces stress, and boosts overall well-being, ensuring you're ready for every summer moment.


Together, Pilates and massage therapy offer a holistic approach. While Pilates strengthens and aligns your body, massage therapy facilitates relaxation and repair. Whether you're into hiking or just lounging, prioritising these practices primes you for a vibrant summer. Embrace the opportunity to enhance movement and recovery. Invest in your well-being and make this summer your most energising one yet.






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WILSONS WHEELS - A BREATH OF FRESH AIR

Cycling offers many benefits, especially during the refreshing days of Spring.

Firstly, it's an excellent way to get fit, providing a low-impact cardiovascular workout that strengthens the heart, lungs, and muscles. Regular cycling can improve endurance, stamina, and overall physical fitness levels.

Moreover, cycling outdoors allows individuals to soak up the Spring air and connect with nature, boosting mood and mental well-being. The scenic routes and vibrant surroundings add an element of enjoyment to the exercise, making it a pleasant and invigorating experience.

Additionally, cycling promotes environmental sustainability by reducing carbon emissions and traffic congestion. Choosing a bike over a car for short trips contributes to cleaner air and a healthier planet. Spring time gives everyone the opportunity to engage in cycling, as a social activity, offering opportunities to bond with friends and family while exploring new routes and destinations.

Overall, cycling in the Spring offers a holistic approach to fitness, enjoyment, and environmental stewardship.

Get set this Spring to enjoy cycling in the Wolds, pop in to Wilsons Wheels to get your bike checked over or invest in a new bike or safety accessories.



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Come along and get to know our Tutors and Instructors, as well as looking at our small, unique, peaceful studio where many of our courses and fitness classes take place. You also have the opportunity to meet and connect with other businesses in the same industry.

If you work in the Health & Fitness or Holistic & Wellbeing industry and would be interested in showcasing your business to the public and meet other businesses in your field, please contact pamela.wilson@sportsability.org.uk

Sportsability are giving your business the opportunity to have a stall at our Open Day and raise your business profile by engaging with the public and other companies.



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Get to know the Sportsability Team and meet other businesses in the health, fitness and holistic industries

KEEP UP-TO-DATE ABOUT THE OPEN DAY

COUNTRYSIDE MATTERS WITH SAM WALTON

That Yorkshire has to be one of the most diverse Counties, there is no doubt and that is one of the main reasons which makes it such an interesting place to explore.

I know on a weekend, there is a continual flow of traffic from the West Riding and beyond, heading for the coast and I often wonder where



they all park! I do also wonder how many ever give thought to what happens in our various branches of farming and what it entails or does it all just pass in a flash whilst in their long queues along our scenic route?

Farming is diverse, there is no doubt. That it is of a high standard there is also no doubt.

The travellers will see farming on the Wolds and the beautiful range of chalk hills and I have to say the wonderful crops farmers on the Wolds are able to produce these days with modern technology, which apparently was not always the case when we just had horses and no sprays or fertilisers.

I always think about the North Yorkshire Moors, and Dales and the very different farming going on there, mostly sheep and cattle and how being so hilly must have

an effect on what any particular holding will be able to produce, too hilly for arable.

The sheep and cattle thrive there. It is obvious, they always look in good condition, which is probably from the exercise they all get, grazing up and down the steep hills.

I reckon it keeps the farmers fit as well!

What often strikes me because the farms are built onto or into steep hillsides, how steep drives or access points many of them have and I wonder how they drive out on a snowy or frosty morning, or even manage to stop skidding on their return journey into the yard or do they all now have Four Wheel Drive vehicles?

Whatever it is that keeps them going and looking after our hills and dales, may it long continue.



BEVERLEY AC - ROLLING OUT THE BLUE AND YELLOW CARPET FOR AWARDS NIGHT!

What a celebration was had as Beverley AC members celebrated their 2023 achievements at the Awards Night at the Beverley Barn.

This is the Club's biggest celebration of its members and their running achievements throughout the year. Over 40 awards and prizes were handed out from fastest runners over a range of distances, handicap series winners, knock out cup winners and many nominations for more discretionary awards. Many congratulations to all nominees and award winners!

The Club Committee presents the Committee Recognition Award each year to someone who is deserving of special recognition for serving and representing the Club and this year's worthy recipient was Lucas Meagor, who has contributed so much to the Club in so many different ways over many years.

The Club Runner of the Year Award is considered to be one of the top two awards of the night and



is awarded to the Club member considered to have achieved the most during the year in terms of running results. This year's worthy recipient was Rob Sparkes.

The second of these awards is the Members' Member of the Year and is voted for by the whole Club membership and is awarded in recognition of the recipient's contribution to the club whether during the year or over a period of time but primarily not for running achievements. This year's popular winner was Sam Allen, who does so much for the Club as well as the wider running community in her role organising the popular East Yorkshire Cross Country League races.



As if there was not enough to celebrate at the Awards Night, last month has seen yet more personal achievements of note, with several runners enjoying racing both locally and further afield and over a range of distances.

Beverley AC Juniors continue to go from strength to strength. At the English Schools Athletic Association's National Cross-Country Championship in Pontefract, several Beverley



Juniors were representing Humberside Schools against schools from every English county. Intermediate girls, Meisha and Roxy, raced over a distance of 3540m, Intermediate boy, Caleb, raced over 4495m, with Junior girls, Lois, Indie, Poppy and Orlaith, running 3180m.

So, what do we have to look forward to in the Club's calendar? Beverley's iconic 10km race takes place on Sunday 12th May 2024 whilst Walkington 10km will take place on Friday 12th July 2024. Further details can be found on the Club's website.

New members, whatever your age and fitness level, are always welcome and further details about the membership and what the Club has to offer to its members can be found on the Club's website: www.beverleyathleticclub.co.uk

TRAVEL COUNSELLORS - SAILING WITH AZAMARA

This Easter I had the good fortune to enjoy a wonderful cruise with Azamara Cruises.

Having known the product for some time I was particularly excited to sail on Azamara Pursuit. I had not sailed on a cruise line that held only 960 passengers with a staff:guest ratio of 1.7:2 and holding a six star rating. The ship holds the usual relaxed buffet eatery and one main dining room along with two speciality restaurants - Aqualina (Italian) and Prime C (steak/fish). The choice on the menu was incredible and the food was always absolutely perfect.

The incredible white night - a themed evening where you are all encouraged to wear white and all the tables dressed with white linen tablecloths are placed on the deck around the pool. This is a buffet service event. The choice was endless from fresh lobster to steaks to sushi, salads and fish etc... The evening was followed by the entertainment team putting on a fabulous gig and we danced the night away under the stars to a variety of songs.



Azamara is quite an adult vibe ship although some children were on board. It is a relaxed vibe on the whole although we definitely enjoyed the karaoke night. It was fun and got a lot of the cruise guests joining in to Sweet Caroline - which funnily enough was then excellently performed by the entertainment team on White Night. Guests joined in and it was really rather special. So to be fair the lively parts of the cruise are quite contained and very much a relaxed fine dining experience with attentive staff is what an Azamara Cruise is all about.



The Drawing Room is elegant and quiet and a lovely space to relax and read or possibly catch up on some work (if you really needed to). Shows took place in the Cabaret lounge - again a really comfortable space, always friendly staff available

to serve you and knowing your favourite tittle too. A very personal experience - with your name used by staff in different areas of the ship - very much making you feel like your home away from home. Intuitive service - subtle and personal and consistent and really could not be faulted.



Being a small ship we had the experience of sailing into Seville - right up the river and docked right in the heart of the city. We had an overnight stop here which meant that there was no rush back for the evening sail away and we could enjoy the city at night. All standard drinks and gratuities are included - and there is a wide choice to choose from. You can upgrade to the premium drinks package which allows certain additional cocktails and some premium spirits too - however we were more than happy with the quality and choice available on the included package.

So would I sail with Azamara again, would I recommend them to my clients? The answer... in a heartbeat! However there are so many different cruise companies available to choose from if you need any advice and support in choosing the right cruise for you please do get in touch.

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WHAT'S ON IN BEVERLEY

Tell us about your event!

E-mail info@justbeverley.co.uk

Telephone **01482 679947**

For more events visit
justbeverley.co.uk/pages/news

Until Saturday 18th May

Confusions

East Riding Theatre. Celebrating its fiftieth anniversary in 2024, Confusions is a cover title for a sequence of interconnected one act plays by the much-loved Alan Ayckbourn. 7.30pm and selected matinees. Price: £20 Standard.

Friday 3rd - Monday 6th May

Outstanding Photographic Exhibition

The Ferguson Fawsitt, Walkington (Function Room). 10am-5pm each day. The Viewfinder Photographic Society (VPS) will be returning with an exhibition of stunning East Yorkshire photographs dedicated to local resident and dementia campaigner, Wendy Mitchell.

Monday 6th May

Family Raceday

Beverley Racecourse. Join us for an afternoon of racing, food & drink and you never know you might find a winner or two!

Saturday 11th May

East Riding County Choir

Performance of Mendelssohn's great oratorio 'Elijah' in Beverley Minster.

www.eastridingcountychoir.org

The Big Brew

The Beverley Fairtrade Group have planned a Big Brew at Toll Gavel United Church from 12 noon to 3pm.

Tuesday 14th May

Afternoon Racing

Beverley Racecourse. Join us for an afternoon of racing, food & drink and you never know you might find a winner or two!

Thursday 16th May - Thursday 23rd May

East Yorkshire Embroidery Society (EYES) - The Art of Stitch 2024

Beverley Minster. Entrance Free. 10am-4pm. Please note: Opening times for Sunday 18th May is 12am - 4pm. An Exhibition of Textile Art. Society Member's work for sale.

Saturday 18th May

Super Troupers - Mamma Mia Tribute

This is a family show for all ages at the Beverley Memorial Hall from 2pm - 4pm with a fantastic local vocal group. Families can enjoy singing and dancing to their favourite Abba songs.

£12 per person (reserved seating).

www.ksrevents.co.uk

Friday 24th to Sunday 26th May

Beverley & East Riding Early Music Festival

The Festival opens with the vibrant young Spanish instrumental group El Gran Teatro del Mundo and closes with The Telling presenting their critically acclaimed stage show Into the Melting Pot.

Wednesday 29th May

Family Raceday

Beverley Racecourse. Join us for an afternoon of racing, food & drink and you never know you might find a winner or two!

Friday 31st May

Faulty Towers

The Ferguson Fawsitt, Walkington. Meet Basil, Sybil and lovable waiter, Manuel, in this comedy dining experience. 7.30pm. Tickets £30 (includes 2 course meal). Strictly over 18s. To book call 01482 526317 or email info@fergusonfawsitt.co.uk

Saturday 8th June

Very British Raceday

Beverley Racecourse. Join us for an afternoon of racing, food & drink and you never know you might find a winner or two!



Jill Jackson

The Village Hall, Cherry Burton, 8pm (Doors open 7.30pm). Join us for an evening with Scottish Americana singer-songwriter Jill Jackson where she will be revealing new songs from her album and familiar favourites. Tickets £15. www.wegotickets.com/ cherryburtonarts

Tuesday 18th June

Evening Racing

Beverley Racecourse. Join us for our first evening racing at Beverley Racecourse, featuring a 7 racecard, plenty of food & drink and you never know you might find a winner or two!

Thursday 20th June -

Sunday 23rd June

Beverley Folk Festival

An annual event in the town's calendar since the mid-80's once again returns. Offering its most ambitious lineup to date since the reemergence of the festival in 2018 (and called Beverley Fringe Festival from 2018-2021), on offer is a truly international and diverse lineup of the best in folk, Americana, and acoustic music. For more information visit www.beverleyfolk.com

Tuesday 25th June

Afternoon Racing

Beverley Racecourse. Join us for an afternoon of racing, food & drink and you never know you might find a winner or two!

WHAT IS IT?

It was a kitchen sink waste strainer!



Friday 28th June

Who's Next

Premier tribute to The Who celebrating 60 years of music. This is a live band all the way from London and are doing a rare gig at The Cottingham Civic Hall. £15 each. www.ksrevents.co.uk

Family Raceday

MONDAY
6th May



Get your tickets at

beverley-racecourse.co.uk

BEVERLEY FOLK FESTIVAL RETURNS IN 2024 FOR ITS MOST AMBITIOUS LINEUP TO DATE

The popular Beverley Folk Festival, an annual event in the town's calendar since the mid-80's once again returns from 20th - 23rd June 2024.

Offering its most ambitious lineup to date since the reemergence of the festival in 2018 (and called Beverley Fringe Festival from 2018-2021), on offer is a truly international and diverse lineup of the best in folk, Americana, and acoustic music.

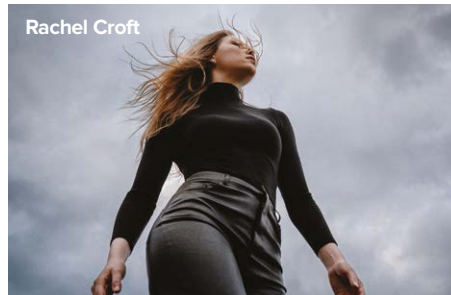
A Thursday warm up at popular independent cafe Poma kicks the festival off with fast-rising songstress (and previous performer at the festival in 2021) Rachel Croft, with support from another popular local 'Anglo-Americana' artist Jessica Lawson.

Friday is typically the big concert and this year is no different; the internationally renowned British singer-songwriter and virtuoso guitarist John Smith takes to St Mary's Church, with support from high-profile musician and published author (Harper Collins) Tara MacLean - all the way from



the province of Prince Edward Island, Canada.

Saturday is traditionally the biggest day and 2024 will be no different. With the famous 'Charity Buskathon' (this year raising funds for Hope in Action), extensive parade of folk-dance teams - and dance performances - throughout the town, 'acoustic brunch' events at Atom Bar and St Nicholas' Church, there's a lot happening before even noon! Saturday evening sees the famous Celidih (Armstrong Centre), and Celtic-folk supergroup CALAN perform at St Nicholas' Church on Saturday evening, supported by upcoming folk trio (and from Beverley!) Hase Waits.



In 2024 the celebrated 'Late Night Club' will take place at Atom Bar and will prove to be a great way to finish off an action-packed Saturday - in preparation for another busy day on Sunday culminating in the much-loved a cappella group from Zimbabwe: Black Umfolosi at East Riding Theatre. As always there are lots of free events on offer and lots of opportunities for musicians to get

Black Umfolosi



involved. The Monks Walk and The Sun Inn will be providing their own (free) offerings with popular acts such as Hillbilly Troupe, Paddy and the Portermen, and The Laggy Band - and will be the host of numerous open sessions where anyone can join in.

Phil Simpson, organiser said "We're delighted to welcome such a varied lineup this year - we're particularly proud to have secured John Smith who is having his biggest year to date - but as always there is something on offer for everyone. 'Folk' to me is less about genre, more about 'community'. We hope you'll join in the fun!"

Involving the town is at the heart of the event and 2024 will also see the usual extra events happening in parallel to the main programme; school workshops at Tickton and Molescroft primary schools, and a special performance to the residents at Beverley Parklands Care Home.

For more information and tickets, visit www.beverleyfolk.com
Email: beverleyfolkfestival@mail.com

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COMEDY DINING EXPERIENCE

Meet Basil, Sybil and lovable waiter, Manuel, while getting fully immersed in an evening of chaos and mayhem at this interactive comedy show.

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Friday 31st May, 7.30pm. Tickets £30
(Includes a 2 course meal)
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or email info@fergusonfawsitt.co.uk
Strictly over 18s

BOOKING INFORMATION Tel: 077538 39187 Email: joeyhoward84@gmail.com

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MARTIN PEIRSON • THE ARKUT BROTHERS • DAISY
COLIN METCALFE • ROY LION • PADDY AND THE PORTERMEN
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